Emily Parkins - Bio

Emily Parkins joined the RQ+ team in February 2024 as the Director of Business and Outreach Initiatives after spending the previous seven years at the Patriot League, a Division I conference office in Bethlehem, PA. Most recently, Parkins served as the Assistant Commissioner for Championships and Business Operations for the Patriot League. Prior to joining the Patriot League, Parkins was a member of the Championships and Alliances department at the NCAA office for nearly three years, including six months spent as a Postgraduate Intern. Parkins completed her undergraduate degree at Shippensburg University (DII) where she was a four-year letterwinner on the softball team. She also attended Millersville University (DII), receiving her master's degree in sport management. While at Millersville, Parkins was a graduate assistant in the athletics department and served as an intern at the Centennial Conference (DIII).