

Dr. Jennifer Rukstad is in her second year as the Executive Director of the Missouri State High School Activities Association (MSHSAA). Rukstad was in public school education for 24 years, as a high school math teacher and coach, athletic director and assistant principal, principal, and assistant superintendent. She holds four degrees, each from the University of Missouri, with the last being a Doctorate of Education in Educational Leadership. Jen leverages her experience as a high school educator and leadership at the state level with the Missouri Interscholastic Athletic Administrators Association and the MSHSAA Board of Directors to represent the nearly 800 member schools in grades 6 through 12 in the administration of 18 interscholastic sports and four activities, and a growing number of emerging sports and activities. She is also the host of the “MSHSAA All Access” podcast. Jen served two terms on the NCAA Student Records Review Committee, and is currently on the NFHS Middle School Committee and a member of the NFHS Foundation Board of Directors. Jen and her husband and two children live in Columbia, Missouri.