

# Pass the PHIT Act

## Personal Health Investment Today

### PHIT Act | S. 844, H.R. 3109

PHIT promotes physical and mental health by allowing the use of pre-tax medical funds to pay for qualified fitness and sports expenses of up to \$1,000 per year for individuals or \$2,000 for heads of household.

*PHIT Act to help individuals and families overcome financial barriers to active lifestyles*

### The PHIT Act Covers

- High School Pay-to-Play Sports Fees
- Youth Sports Registration Fees
- Youth Camps & Clinics
- Tournament Fees
- Sports Equipment & Uniforms
- Sport Exclusive Footwear
- Health Club Memberships
- Fitness & Yoga Class Dues
- Personal Trainers
- Home Fitness Equipment & Programs
- Hiking, Climbing, Biking & Kayaking
- Adult Recreation & Sports Fees



Join Congressmen Ron Kind (Carissa Goddeau) and Mike Kelly (Sam West) and Senators John Thune (Danielle Janowski) and Chris Murphy (Jackie Weinrich) in promoting healthy, active lifestyles.

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